



Netball Hong Kong, China

Adult Players' Code of Conduct

National Representative Squads and Teams

National Programme

This Code applies to every player selected to represent Netball Hong Kong, China (NHKC) in a national squad or team. Selection to represent Hong Kong, China is a privilege that carries responsibility: as a representative player you are an ambassador for NHKC, for your team-mates and for Hong Kong, China. By signing this Code you agree to uphold the following standards at all times while involved in the National Programme — at training, in competition, while travelling and on tour, and in public and online.

RESPECT AND GOOD SPORTING BEHAVIOUR

- 1. Play by the rules.** Know and abide by the World Netball Rules of Netball and the rules of any competition you take part in, and accept both the letter and the spirit of the rules.
- 2. Respect officials.** Accept the decisions of umpires and officials without dispute. If a matter needs to be raised, it is done through your captain or coach at an appropriate time, never by arguing during play.
- 3. Control your conduct.** Do not use offensive, insulting or abusive language or gestures, and do not intimidate, sledge, provoke or retaliate against any opponent, team-mate, official or spectator.
- 4. Respect everyone.** Treat all players, coaches, officials and others with respect and fairness regardless of gender, race, ethnicity, religion, disability, age, sexual orientation or background. Bullying, harassment and discrimination are not tolerated.
- 5. Be a team-mate.** Support your team-mates, give your best effort, and conduct yourself with modesty in victory and dignity in defeat.

INTEGRITY

- 6. Anti-doping.** Comply fully with the World Anti-Doping Code and the World Netball Anti-Doping Rules. You are responsible for what is in your body; check all medications and supplements and seek guidance before use.
- 7. No betting on netball.** Do not bet, or assist anyone else to bet, on any netball match or competition, and never on any match in which you are involved.
- 8. No manipulation.** Never fix, manipulate or improperly influence any aspect or result of a match, and never misuse inside information. Report immediately to NHKC any approach or invitation to do so.
- 9. No improper advantage.** Do not solicit, accept or offer any bribe or improper advantage in connection with your role. Declare any actual or potential conflict of interest to NHKC.



REPRESENTING HONG KONG, CHINA

- 10. Protect NHKC's reputation.** Conduct yourself in a way that presents a positive image of NHKC and of Hong Kong, China, and do nothing that brings the sport, NHKC or your team into disrepute.
- 11. Team rules and tours.** Follow all reasonable team rules, management instructions and tour requirements, including those on punctuality, curfews, alcohol, travel and accommodation.
- 12. Uniform and partners.** Wear the approved team uniform correctly at official functions and matches, and respect NHKC's sponsor, partner and media commitments.
- 13. Use social media responsibly.** Do not post abusive, derogatory or discriminatory content, do not share confidential team information or strategy, and do not make public comments that damage NHKC, team-mates, opponents or officials. Respect NHKC media protocols.
- 14. Care and availability.** Look after the health, safety and wellbeing of yourself and others, and honour the training, fitness and availability commitments expected of a selected representative.

Related policies: This Code sits alongside, and does not replace, NHKC's Child Safeguarding Policy (which governs the protection of children and young people), the World Netball Rules of Netball, the World Netball Ethics & Anti-Corruption Code, and the World Anti-Doping Code. Where this Code is silent, those documents and NHKC's By-Laws apply.

ANNUAL ACKNOWLEDGEMENT AND AGREEMENT

I confirm that I have read, understood and agreed to abide by this Code of Conduct for the duration of my involvement in the Netball Hong Kong, China (NHKC) National Programme. I understand that a breach of this Code may result in disciplinary action, which may include a warning, suspension, removal from a squad or team, or de-selection, determined in accordance with NHKC's disciplinary procedures and, where applicable, the relevant World Netball regulations.

Player name (print):	
Signature:	
Date:	