



香港投球總會

# **Hong Kong Netball Association**

## **LEAGUE HANDBOOK**

### **2021/2022**



**Subvented by**  
**Leisure and Cultural Services**  
**Department**

# Hong Kong Netball Association

## Season 2021 / 2022

	<b>Div 1 Teams</b>
1	Hantang Phoenix
2	HKCC Demons
3	HKCC Devils
4	HKFC Club
5	Simba
6	Sonics
7	Valley Panthers
8	Valley Tigers

	<b>Div 2 Teams</b>
1	DB Black Pearls
2	Giants
3	Hantang Chilin
4	HKCC Dragons
5	HKCC Storm
6	HKFC Hurricanes
7	HKFC Whirlwinds
8	HKS Pipers
9	KRFC Crystals
10	Valley Pumas

	<b>Div 3 Teams</b>
1	DB Buccaneers
2	DGS Alumni
3	Forever 21
4	HKCC Scorpions
5	HKFC Tornadoes
6	HKS Bravehearts
7	KRFC Jades
8	Valley Cougars
9	Valley Cubs
10	Valley Leopards

	<b>Div 4 Teams</b>
1	DB Swashbucklers
2	KRFC Onyx
3	KRFC Pearls
4	Popcorn
5	Shimmer
6	Mighty Stingrays
7	Sparta
8	The Prime
9	Valley Cheetahs
10	Valley Wildcats

	<b>Div 5 Teams</b>
1	CB Pandas
2	DB Jolly Rogers
3	HKCC Serpents
4	HKFC Cyclones
5	HKS Unicorns
6	HKS Whiskies
7	Homie
8	Netball Ninjas
9	Valley Jaguars
10	Valley Lions

	<b>Div 6 Teams</b>
1	CB Pink Dolphins
2	DB Black Jacks
3	HKS Highlanders
4	HKS Thistles
5	HKU Kings
6	KRFC Amethysts
7	KRFC Emeralds
8	KRFC Rubies
9	OMG
10	Valley Lynx

## **Ladies League Dates 21/22**

- September 27<sup>th</sup>
- October 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>
- November 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>
- December 6<sup>th</sup>, 13<sup>th</sup>
- January 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>
- February 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>
- March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>
- April 4<sup>th</sup>
- FINALS - April 9<sup>th</sup> (TBC)

## **HK Holidays 21/22**

- Winter Holidays – 14<sup>th</sup> December 2021 – 2<sup>nd</sup> January 2022
- Chinese New Year – 1<sup>st</sup> – 3<sup>rd</sup> February 2022
- Ching Ming Festival – 5<sup>th</sup> April 2022
- Easter Holidays – 15<sup>th</sup> - 18<sup>th</sup> April 2022

# League Handbook

Welcome to the Hong Kong Netball Association (HKNA) League Season 2021/2022. The Executive Council wishes all players, umpires, coaches and supporters an enjoyable and rewarding season.

This year we will be using these venues: Aberdeen Outdoor Courts (Wong Chuk Hang Road Recreation Ground), Fa Hui Park and Tai Wan Shan Park.

This Handbook contains:

- contact information for teams, convenors and the HKNA Executive Council;
- information about umpiring requirements, captain's responsibilities and desk duty;
- Addresses and maps for the venues.

Please familiarise yourself with the information in this Handbook and the HK Netball League By-Laws.

If you have any questions or concerns, please do not hesitate to contact League Convenors – Ursula Holloway([leagueconvenor@netball.org.hk](mailto:leagueconvenor@netball.org.hk)) with a copy to HKNA ([hkna@hkolympic.org](mailto:hkna@hkolympic.org)). On a League night, you can also contact any HKNA Representative at your venue.

Happy netballing!

HKNA Executive Council

# Hong Kong Netball Association

## HKNA Executive Council Members

Name	Position	Club
<b>Executive Council</b>		
Krystal Edwards	President	Independent
Connie Wong	Vice President 1 (Elite and Coaching)	Life Member
Sarah Grimmer	Vice President 2 (League)	HKCC
Christina Yue	Secretary (Grassroots Programme)	HKCC
Sherryn Hancock	Treasurer	DB
<b>Other Council Members</b>		
Ursula Holloway	League Convener	Independent
Laura Denholm	Mixed League Convener	Kowloon
Lorraine Pak	Events & Operations	Independent
Marie Farry	Grassroots Programme	HKFC
Rachel Bryant	Special Events - Social	Valley RFC
Pritty Pampapathi	Special Events - Social	Valley RFC
Adrian Raper	Junior League Convener	SK Stingrays
Melanie Potgieter	Umpiring	Life Member
Cheng Lai Fun	Sponsorship and Partnerships	Hantang
Chan Ka Keung	Men's Netball Representative	
Selina Fawdry	Media and Marketing	HK Scottish
<b>Paid Employees</b>		
Lorraine Pak	Office & Events Manager	
Angela Chan	Elite Coaching and Development Manager	
Haley Ho	Administrative Assistant	
Tony Tam	Administrative Assistant – Netball Development	

**HKNA Office:** Room 1016, Olympic House  
 1 Stadium Path, So Kon Po  
 Causeway Bay, Hong Kong  
 Tel: 2504 8208  
 2504 8207  
**WhatsApp: 9539 1288**  
 Fax: 2577 5694  
 Email: [hkna@hkolympic.org](mailto:hkna@hkolympic.org)  
 Web: [www.netball.org.hk](http://www.netball.org.hk)  
 fb: <https://www.facebook.com/hknetball>  
 ig: hknetball

## Club Convenors 2021-22

Club	Convenor
CB Pandas	Rebecca CHAN Sharon STRINGER
DB Pirates	Samantha LEWIS
DGS Alumni	Anna YU
Forever 21	Shui Lin CHEUNG
Giants	Wing Po CHAN
Hantang	Gessy LI
HKCC	Emma BIBBY Dawn BISHOP
HKFC	Helene BIBEAU
HKU	Hannah NG
Homie	Tsz Wai YEUNG
Hong Kong Scottish	Selina FAWDRY
Kowloon RFC	Laura DENHOLM Iris CHAN
Mighty Stingrays	Ursula HOLLOWAY
Netball Ninjas	Clareta CHIA
OMG	Brenda YEUNG
Popcorn	Gigi HUI
Shimmer	Belle CHAN
Simba	Carla YANG
Sonics	Lisa MARTIN
Sparta	Ka Hei LEE
The Prime	Carrie SHI
Valley	Rachel BRYANT

**It is the responsibility of each club/team to ensure that HKNA is informed of any changes made to this and following lists.**

## Club Umpiring Convenors 2021-22

Club	Convenor
CB Pandas	Rebecca CHAN
DB Pirates	Alex VON ETZDORF
DGS Alumni	Polly YU
Forever 21	King Ling CHAN
Giants	Canetti CHAN
Hantang	Heidi SUN
HKCC	Jenny ENGLAND-BRAMMER
HKFC	Cici HUI
HKU	Lisa CATALAN
Homie	Tsz Wai YEUNG
Hong Kong Scottish	Selina FAWDRY
Kowloon RFC	Laura DENHOLM Iris CHAN
Mighty Stingrays	Ursula HOLLOWAY
Netball Ninjas	Clareta CHIA
OMG	Ruifen LAM
Popcorn	Cherry TSANG
Shimmer	Katherine IP
Simba	Jasmine FUNG
Sonics	Emma Gregory
Sparta	Ka Hei LEE
The Prime	Carrie SHI
Valley	Rachel BRYANT

### HKNA Umpiring Contacts:

**Mel Potgieter**      [hkna.umpiredev@gmail.com](mailto:hkna.umpiredev@gmail.com)

**Khan Murray**      [umpireadmin.hkna@netball.org.hk](mailto:umpireadmin.hkna@netball.org.hk)



## HKNA League Teams & Captains 2021 – 2022

<b>Division 1</b>	
<b>Team</b>	<b>Captain</b>
Hantang Phoenix	Grace YUEN
HKCC Demons	Ann LO
HKCC Devils	Donna BAXTER
HKFC Club	Stephanie CUVELIER
Simba	Jasmine FUNG
Sonics	Lisa MARTIN
Valley Panthers	Rachel BRYANT
Valley Tigers	Jenny ZHANG

<b>Division 2</b>	
<b>Team</b>	<b>Captain</b>
DB Black Pearls	Harriet KILDUFF
Giants	Iding CHUNG
Hantang Chilin	Stella LAM
HKCC Dragons	Lucinda GLOVER
HKCC Storm	Jocelyn CANN
HKFC Hurricanes	Elizabeth HUMPHREYS
HKFC Whirlwinds	Claire BALDWIN
HKS Pipers	Ashley HIGHAM
KRFC Crystals	Rachel SWALLOW
Valley Pumas	Katherine YATES

<b>Division 3</b>	
<b>Team</b>	<b>Captain</b>
DB Buccaneers	Samantha LEWIS
DGS Alumni	Polly YU
Forever 21	Ka Lok YUNG
HKCC Scorpions	Andrea PLOTKIN
HKFC Tornadoes	Anna YAU
HKS Bravehearts	Becky FAWDRY
KRFC Jades	Aakriti BATRA
Valley Cougars	Flora WONG
Valley Cubs	Carly GOODCHILD
Valley Leopards	Elise KELLY

<b>Division 4</b>	
<b>Team</b>	<b>Captain</b>
DB Swashbucklers	Nicky GARWOOD
KRFC Onyx	Hannah SACK
KRFC Pearls	Kate DALLY
Popcorn	Patricia WONG
Shimmer	Koala TANG
Mighty Stingrays	Julia IN
	Dayle HAIGH SMITH
Sparta	Yuet Shan LEE
The Prime	Christabelle CHAN
Valley Cheetahs	Adeline BROWN
Valley Wildcats	Georgie READING

<b>Division 5</b>	
<b>Team</b>	<b>Captain</b>
CB Pandas	Sarah WHORLOW
DB Jolly Rogers	Michelle POULTER
HKCC Serpents	Maddie TRUSSELL
HKFC Cyclones	Michelle CAIRNS
HKS Unicorns	Ceri HILL
HKS Whiskies	Emily HILL
Homie	Gi Ting WONG
Netball Ninjas	Wendy KWOK
Valley Jaguars	Pritty PAMPAPATHI
Valley Lions	Emily MCARTHY

<b>Division 6</b>	
<b>Team</b>	<b>Captain</b>
CB Pink Dolphins	Brittney CROAGH
DB Black Jacks	Eva LAM
HKS Highlanders	Sophie MERCER
HKS Thistles	Elizabeth SPENCER
HKU Kings	Lisa Nicole Balahay CATALAN
KRFC Amethysts	Cristina STRAMIGIOLI
KRFC Emeralds	Laura HUNT
KRFC Rubies	Cassandra NAPOLITANO
OMG	Zacky NG
Valley Lynx	Caroline SANCHEZ

## **CAPTAIN'S DUTIES**

The captain should amongst other things:

- Read HKNA Handbook and By-Laws and be familiar with the rules of World Netball. <https://drive.google.com/file/d/14E9H2xr69LZA7W0pmYPq48sb5qzhTHqk/view>
- Ensure the team is ready to play before commencement of games.
- Ensure players do not go on court wearing jewellery.
- Ensure all fingernails are cut short and smooth and NOT TAPED.
- Ensure the score sheet is completed in accordance with the Handbook and By-Laws.
- Ensure the team has provided a scorer and umpire for the appropriate game and that they know how to record the score and centre passes.
- Ensure all team players are wearing the correct uniform, subject to special arrangements for 2021-22 season. (see later section on uniforms)
- Encourage the team to warm up before a game to avoid injury.
- Ensure that all players and supporters respect both umpires and opponents.
- Sign the score sheet and return to Desk Duty Supervisor if you are the winning team.
- Check dates and times of all fixtures and inform all team members.
- Report any mistakes or issues with the fixture to HKNA.
- If forfeiting a game, ensure that it is done in accordance with the By-Laws.
- Comply with the By-Laws in relation to new players and guest players.
- Ensure that the Handbook is passed on to the next captain if you cease in this role during the season.

### **The Score Sheet: please note**

- As the scoresheets are prepared at the beginning of the season, any late registered players should write their names down on the scoresheet should they not be printed
- Names should be printed legibly on the score sheet. Please sign alongside your name.
- Indicate guest players with their team & division they are guesting from.
- Captains must sign the score sheet at the end of the game
- It is suggested that Captains should take photo of their scoresheet for their own records and in case of discrepancies / loss of the original scoresheets

# LEAGUE NIGHT DUTIES AND RULES

## DESK DUTY – ABERDEEN OUTDOORS(WONG CHUK HANG ROAD RG)

- Retrieve the HKNA Kit Bag, 1 folding table and 2 folding chairs from the storeroom located behind the toilets
- Access to the storeroom can be made by contacting the staff on duty (in blue shirt).
- Ask the staff to unlock the Posts Storage which is situated beside the ladies' toilet. (Playing teams are responsible for taking posts in and out of Posts Storage.)
- After checking the contents in the HKNA Kit bag (ESPECIALLY NO. OF MATCHBALLS), the Kit bag, table and chairs should be returned to the store and locked properly by the staff on duty.

## DESK DUTY – FA HUI PARK RECREATION GROUND

- Retrieve the HKNA Kit Bag, 1 folding table from the storeroom located directly opposite to the toilets (across the basketball/volleyball courts)
- Access to the store room can be made by contacting the staff (Duty Room near the Gent's Toilets).
- Ask the staff to unlock the Posts Storage which is situated in the Community Garden area (Playing teams are responsible for taking posts in and out of Posts Storage.)
- After checking the contents in the HKNA Kit bag (ESPECIALLY NO. OF MATCHBALLS), the Kit bag, table and chairs should be returned to the store and locked properly by the staff on duty.

## DESK DUTY – TAI WAN SHAN RECREATION GROUND

- Retrieve the Posts and HKNA Kit Bag from the storeroom situated under the seating (Entrance to the room at the back alley)
- Access to the storeroom can be made by contacting the staff on duty. Please look around for staff on patrol should the room be locked.
- Please take extra care in retrieving the posts as there is no ramp access and there is a step from ground level.
- The parts of the posts might be stored separately to save space so please make sure they are assembled and properly tightened up. Tools are available from the kit bag if needed.
- After checking the contents in the HKNA Kit bag (ESPECIALLY NO. OF MATCHBALLS), the Kit bag, table and chairs should be returned to the store and locked properly by the staff on duty.

### **The desk duty supervisor must:**

- **Arrive at the venue in sufficient time to set up for the games (at least 20 minutes before the start of the first game).**
- Keep central time for all matches and sound the bell (see later in this handbook for timing of games).
- Make the HKNA First Aid Kit available to players. **If the First Aid Kit is lacking in anything, please inform HKNA Office (email: [hkna@hkolympic.org](mailto:hkna@hkolympic.org)).**
- Have a score sheet with clipboard and pen available before each game and check they are returned at the end of each game and are correctly completed.
- Ensure umpires clearly print their name and sign the umpiring record sheet before the relevant game is commenced. This sheet will be used by HKNA for any points/fine deduction.
- Hand game ball to umpire and ensure it is returned at the end of each game.
- **Take photos of results form and email to [hkna@hkolympic.org](mailto:hkna@hkolympic.org)**

- Pass onto HKNA Exec Rep or place the score sheets and umpire sign in sheets into the self-addressed stamped envelope and **post AS SOON AS POSSIBLE**.
- Log any issues arising with HKNA no later than 24 hours after the games.

## **LEAGUE NIGHTS TEAMS' RESPONSIBILITIES**

### **ALL VENUES**

Teams are responsible for ensuring that all courts and surrounds are left clean and tidy. Please take all rubbish and put in the bins provided at the venue.

### **WONG CHUK HANG ROAD, FA HUI PARK & TAI WAN SHAN PARK**

The first two teams playing on each court are responsible for moving one post each to the court. Teams playing the last game on each court must return one post each back to the Posts Storage. Posts need to be lowered to the appropriate height before returning them.

### **CODE OF CONDUCT**

Coaches, players and supporters are reminded that they should conduct themselves consistently with the spirit of the game, whether they are playing, form part of the team bench or spectating. Any action displayed, which is contrary to the spirit of the game is not permitted, and is sanctioned by HKNA and World Netball rules and penalties.

Inappropriate behaviour and comments may result in a warning, penalty, suspension or ordering off by an umpire. Such behaviour includes but is not limited to, calling to an umpire, disputing decisions, commenting on team or individual actions. The official World Netball Rule 13 provides further information on disciplinary action for unsporting behaviour.

HKNA members should comply with the World Netball Anti Doping Rules in accordance with the World Anti Doping Code and international standards (a copy can be provided to all clubs upon request).

### **UNIFORM**

- a. New teams must submit their proposed uniform and colours on Form A to the HKNA Committee for approval at team registration. No team may have a uniform similar to the Hong Kong National Team, the colour combinations of which are dark navy/white and red/white.
- b. All players in a team must be in same registered uniform which may be a dress or another form of sports uniform, e.g., singlet and shorts (all shorts must be pocketless).
- c. Subject to the exceptions below, players may not wear extra items that are not part of the basic playing uniform, e.g., gloves, tracksuit pants. Umpires will ask players to remove any extra items before taking the court.
- d. Players may wear (1) bikepants (above the knee) under their uniform; (2) extra clothing items upon presentation of a medical certificate as long as such items do not present an injury risk to other players; and (3) long tight-fitting athletic garments under their uniform when playing outside in cold conditions or if required for religious purposes. Bikepants and long tight-fitting athletic garments should either be entirely black or entirely the predominant colour of the uniform.

- e. Subject to the By-Laws, players not in the same registered team uniform will not be able to take the court. Where a team has an alternate uniform registered, all players must wear the same predominant-coloured registered uniform to take the court.
- f. A team has until the fourth round of the competition to ensure all players have the correct uniform. The League Convenor may grant an extension of time to clubs/teams upon receipt of a request in advance of the fourth round stating clearly the reason for the extension and a date by which teams will be in correct uniform.
- g. The penalty for the team not playing in the correct uniform after the third round is a 1-point loss per match.

### **JEWELLERY AND FINGERNAILS**

- Games will not be delayed for the cutting of nails or removal of jewellery.
- No items of jewellery, except a wedding band or medical alert bracelet shall be worn. If these are worn then they must be taped.
- Fingernails shall be short and smooth. Gloves may not be worn and the taping of nails is not permitted. An offending player will not take up a position on court until an umpire has checked the fingernails again and permitted the player to go on court. If the game has already started the player must wait until an interval.
- Players not abiding by these rules will not be allowed to play.

### **TIMING OF GAMES**

All games will be timed by a central clock and will start strictly at 7.15pm, 8.30pm and at 7pm, 8pm or 9pm, as the case may be. Games will start and finish on the umpires' whistles and consist of:

- 4 x 12-minute quarters
- 2-minute quarter and three-quarter time breaks
- 4-minute half-time break
- 4 minutes between the start of games

Umpires may stop the game for injury time in accordance with the World Netball Rule Book. Injury time will not be added to the game.

### **SCORERS AND SCORE SHEET**

All games must be scored in accordance with the By-Laws. (see By- Law 12)

### **LEAGUE UMPIRING REQUIREMENTS**

Where possible, umpiring duties have been made reciprocal within divisions, however there are some draw constraints and on occasion lower divisions are required to umpire higher divisions – umpiring requirements still need to be adhered to. Any problems please contact the Umpire's Convenor at least 2 weeks in advance of the set game.

No person under the age of 14 years may umpire. All umpires under 18 years must be supervised by a responsible adult from their playing team/ club. HKNA accepts no responsibility for these players.

### **UMPIRE PAYMENT GUIDELINES**

If a team wishes to pay an umpire to umpire on their behalf, the HKNA recommends \$300 per game. Please be advised that, should a hired umpire does not show up or promptly for a match, the team would be penalized. This is part of the reason HKNA encourage all teams to have grade-qualified umpires.

## **TEAMS LOOKING FOR UMPIRES TO FULFIL THEIR DUTIES**

In accordance with our By-Laws, all clubs/individual teams must have a dedicated umpiring convenor.

If a team is having difficulty fielding a duty umpire they should:

1. Join and advertise on our ["Find an Umpire" Facebook page](#).
2. Contact teams playing at the same time and ask if they can help.
3. Consult with their Club Umpiring Convenor.

HKNA cannot be responsible for finding umpires for teams.

## **ISSUES/ PROBLEMS ON LEAGUE NIGHTS**

Issues should be raised immediately with the HKNA representative at the venue. If there is no HKNA representative available on site, the League Convenors – Ursula Holloway and Sarah Grimmer can be contacted throughout the evening.

## **Venue Addresses**

黃竹坑遊樂場

香港仔黃竹坑道 108 號

Wong Chuk Hang Recreation Ground

108 Wong Chuk Hang Rd, Aberdeen



花墟公園

九龍界限街 101 號

Fa Hui Park

101 Boundary Street, Kowloon



大環山公園

九龍紅磡環海街 (港鐵黃埔站)

Tai Wan Shan Park (Whampoa MTR)

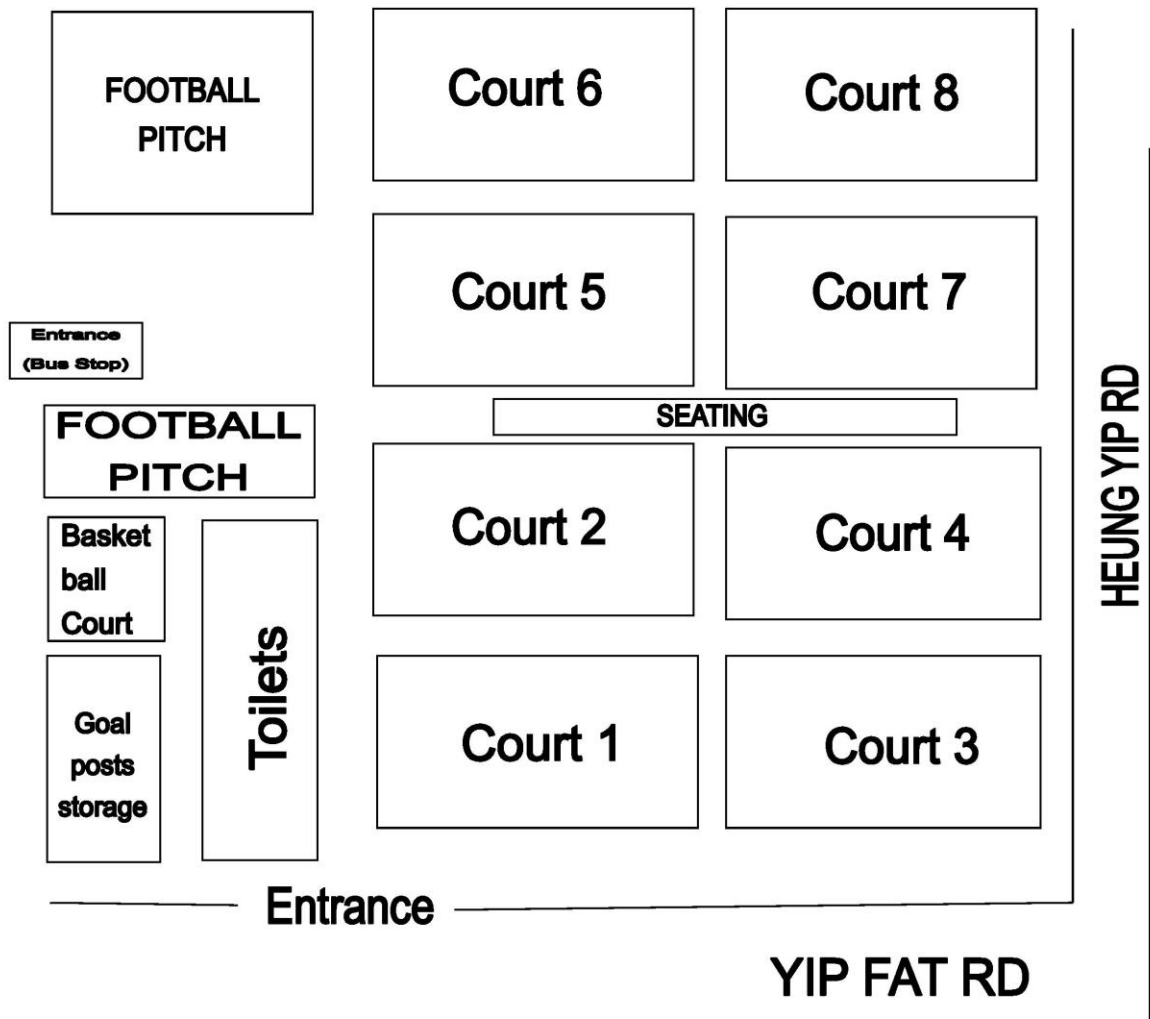
Wan Hoi Street, Hung Hom, Kowloon



WONG CHUK HANG RECREATION GROUND

Ocean Park Road

Astro Pitch





# FA HUI PARK

## - Map for Courts -

7

8

5

6

3

4

1

2

Posts  
Storage  
(Access from gate  
between court 6  
& 4)

Basketball courts

Ball Bag  
& Table  
Storage

**Tat Chee Ave**

**RAILWAY**

Food  
Kiosk

Toilets

Duty  
Room

**TA WAN SHAN PARK**  
**- Map for Courts -**

