



JUNIOR NETBALL LEAGUE 青少年投球聯賽

Handbook 2020/2021

Updated: November 2020

Nettas | U12s | U14s | U16s | U19s

This competition is subvented by:



康樂及文化事務署
Leisure and Cultural
Services Department

Event is organised by Hong Kong Netball Association:



香港投球總會

Room 1016, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, HK

Email: hkna@hkolympic.org Web: www.netball.org.hk

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2020/2021 League Schedule

Autumn Competition (Saturday)

Date	Venue	12noon - 3pm	3pm - 6pm
7 Nov 2020	Fa Hui Park	U12	U16
14 Nov 2020	Fa Hui Park	U12	U16
21 Nov 2020	Tai Wan Shan Park	U19	
28 Nov 2020	Fa Hui Park	U10	U14
5 Dec 2020	Fa Hui Park	U10	U14
12 Dec 2020	Fa Hui Park	U19	
19 Dec 2020	Fa Hui Park	Wet Weather Games	

NOTES:

1. Draw and league structure to be confirmed after registration deadline
2. Not all dates/timing/venues listed may be used
3. League may be split between venues

2020/2021 HKNA Key Contacts

JNL Team		hkna.jnlconvenor@gmail.com treasurer.hkna@netball.org.hk
HKNA President	Sherryn Hancock	president.HKNA@netball.org.hk
HKNA Development Officer	Tony Tam	hknadevelopmentofficer@gmail.com
HKNA Office		hkna@hkolympic.org
VP Leagues	Sarah Grimmer	vp.league.hkna@netball.org.hk
JNL Umpiring	Melanie Potgieter / Veronica Arnold	umpiring.hkna@netball.org.hk

Competition Management and Administration

Player Eligibility

U19's born on or after 1st Jan 2002 (10 feet post)
U16's born on or after 1st Jan 2005 (10 feet post)
U14's born on or after 1st Jan 2007 (10 feet post)
U12's born on or after 1st Jan 2009 (10 feet post)

NETTAs U10's born on or after 1st Jan 2011 (8 feet post)

NOTE:

U12's Division: Boys are permitted to play. However, only two boys are allowed on the court at any time and limited to one boy in the Goal Circle at each end (ie. Play GA or GS (not both) and GD or GK (not both))

U14's - U19's: A request must be made in advance to the Junior League Convenor for each male player. Each request will be reviewed individually by the ExCom. The decision is at the sole discretion of the ExCom and that decision will be final. Should the boy be approved to play, the ExCom will clearly state which division and age group he will be allowed to participate in based on his strength/physicality/size. 2 boys will be allowed per team, with only 1 boy allowed on court at any one time

Player Registration

For a player to be registered, the individual player must have;

1. Had the \$160 player registration fee paid by their club.
2. Completed the JNL disclaimer form

NOTES:

- The disclaimer form process for this season will be sent to the Team Convenor for completion before the first round.
- Team convenors will be responsible for ensuring all disclaimer forms are completed and submitted to HKNA by the Friday before the first scheduled game.
- Failure to submit team disclaimer forms by the specified deadline will result in a \$200 fine per team for each and every week (accrued) until such time that these are submitted.
- The disclaimer form will cover the full netball season, ie. Autumn 2020 and Spring 2021.
- A player who is registered for the Autumn 2020 league and paid the \$160 fee does not need to do this again for the Spring 2021 league.

Team List

For each team application, the Form B (Team List) must be submitted via email in EXCEL format. **If you have multiple teams please add additional tabs (1 per team) to the same excel file.**

Emails need to be sent to the JNL convenor email: hkna.jnlconvenor@gmail.com by the specified deadline.

NOTES:

- A maximum of TWELVE PLAYERS are allowed on the team list. Additional players must gain HKNA approval.
- The team list includes the names of the players in the team, playing history and date of birth.
- Please submit your draft team list if you cannot confirm your team yet.
- Team lists must be finalised by Week 1 of the competition.
- Within the first 2 weeks, changes to team lists can be re-submitted without penalty
- Team list changes (either adding or changing players) AFTER Week 2 of the competition, will incur an admin fee of \$200HKD. The fee will be the same regardless of the number of changes made.
- After Week 2 of the competition, submitted players cannot be moved downwards, only up.

Registration Team Fees and Payment

- Team Registration Fee: HK\$150 per team, per competition.
(Cross Cheque OR Direct Transfer to HSBC 411-811375-001)
- Player Registration : \$160 per player for full season (Autumn + Spring Competition).
(Cross Cheque OR Direct Transfer to HSBC 178-768966-001)

**** Please note that Team Fee and Player's registration have different Money Transfer account. Please write a separate cheque for Team Fee and Players Registration. *****

*ONE CLUB/TEAM = TWO CHEQUE or TWO TRANSACTION (ONE for Team Fee; ONE for Player Registration)

Please post the cheque OR email receipt of transfer to HKNA hkna@hkolympic.org AND JNL Convenor email hkna.jnlconvenor@gmail.com before the specified deadline.

Hong Kong Netball Association
Room 1016, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong
Tel: 25048208 Fax: 25775694

Withdrawals

When a team has withdrawn after the commencement of the season, all points and goals scored in the matches involving the team prior to its withdrawal shall be cancelled. A team shall only be considered withdrawn if notice of withdrawal has been given to the League Coordinator.

NOTE: There will be NO REFUND OF FEES if a team withdraws.

Score Sheets and Player Registration

To avoid any disagreements, it is the responsibility of both teams to have one representative scoring (or sitting next to the person scoring) the official score sheet.

The score sheets are placed on the clipboard designated to that court.

That clipboard should be put back in the centre circle of the court at the end of the game. Please tick the names of the players who took the court for each game.

If a player's name is not on the scoresheet, this means she is not registered on the team list and will need to complete the player's registration process.

Random checks of player's ID will be performed to match the team's player registration list.

Guest Players

Guest players are only allowed for players playing in the same CLUB but for a lower or younger division. A player may only be registered for one team.

Cancellation of Matches

HKNA will make a call on the cancellation of matches owing to external factors as early as possible to avoid unnecessary travel - notification will be sent via email to the clubs/schools registered email address as well as posted on the HKNA Facebook page.

In the case of external factors that are likely to pose safety concerns (including adverse weather), an announcement will be made by 9:00AM on game day if play is to be cancelled. If after 9:00AM, safety issues

arise, the JNL supervisor for that day will determine a decision as soon as possible and communicate this accordingly.

Please note that owing to limited court availability, if on any assigned dates games cannot be played owing to external factors, HKNA will endeavor to reschedule fixtures. If this is not possible games will not be played and both teams will be awarded competition points equivalent to a **drawn game**.

Competition Format

Format	The format depends on the number of teams in each division. The format for each division is detailed on the divisional draws that are published on the HKNA website.
Match Time	ALL the games will be centrally timed by the JNL supervisor. The games will consist of 10-12 minutes halves with 2 minutes for half time.
Team Arriving Late	If teams are running late and have less than five players available (minimum of 5 players to take the court), then at the start of the game, the opposing team will need to stand on the court in their positions and for each minute the team is late, one goal is awarded to the opposing team. If the team cannot field a team by end of 1 st quarter, then the win is awarded to the opposing team and the 'forfeiture' penalties (below) applies to the team who cannot field a team.
Forfeiture	Should any team forfeit a match, full points for a win and ten (10) goals shall be credited to the opposing team. Ten goals shall be debited against the team forfeiting. However, in the event of forfeiture after commencement of a match, the goals scored shall be recorded. Full competition points will be given to the winning team. NO competition points will be given to the forfeiting team. Teams MUST NOTIFY Hong Kong Netball Association office at least two (2) days prior if you need to forfeit a match, that is by Wednesday 6pm. If forfeiture takes place with not enough notification time, the forfeiting team will be fined \$300.
Finals Series	There will be no finals series for the Autumn 2020 League. On the last day of competition for each age group round robin competition, HKNA will provide the coach of EACH team TWO medals they can present to their team: a) Most Valuable Player b) Sportsmanship Award

<p>Goal Posts</p>	<p>The height of the goal posts for the 19's, 16's, 14's and 12's Competitions is 10 feet (6th hole on the goal posts).</p> <p>Teams playing in the first time slot are responsible for getting the goal posts from storage at the ground and put them up on their designated court. Teams playing in the last time slot for that court are responsible for putting their own goal posts away at the end of the game.</p>
<p>Equipment</p>	<p>Each team is to bring their own equipment, such as balls, bibs, for the games. All teams are advised to BRING THEIR OWN FIRST-AID kit and ICE and/or ICE PACKS.</p>
<p>Players/ Uniforms</p>	<p>Each player shall wear the registered uniform of the team, or if unavailable for this Autumn League Playing positions must be worn by each player of a team. NOTE: Shoes or boots must be worn throughout the entire game. Spiked shoes are not allowed.</p> <p>This season, the principles applicable to uniforms are that:</p> <ol style="list-style-type: none"> 1. whenever possible, all players in a team must be in identical uniform 2. a team may wear similar but not identical dresses as long as they are the same predominant colour 3. a team may wear sports clothes instead of dresses as long as they wear the same predominant colour and they wear the same colour singlet bibs (not stick-on bibs); 4. any team without identical uniforms must contact the opposition to check what colour the latter will wear so as to avoid wearing a similar colour (including bibs); and 5. where both teams plan to wear a similar colour, the second-named team must adjust to a different colour. <p>Please also note:</p> <ol style="list-style-type: none"> a) Players are NOT allowed to wear any items of jewelry or sharp adornments. Medical bracelet, if worn, must be taped. Earrings CANNOT be taped. b) Fingernails shall be cut short and smooth, or netball gloves worn.

<p>Umpiring Duties</p>	<p>Each team shall be required to provide one suitable umpire for every round of play for a game in another timeslot. All the umpires are to report to the JNL Desk FIRST prior to start of the game. Umpires should arrive minimum five minutes before the start of the game to be checked off and also to check nails etc. The umpire CANNOT coach during the game or during the intervals (1/2 time). Therefore teams should ensure they have an umpire available for the entire game.</p> <p>It is the umpires' responsibility to provide their own whistle and check the score sheet at the conclusion of the match. The umpires have sole control of the game and the umpires' decisions are final. The captain of either team is the only one who has the right to bring points of umpiring before the umpire and this may only be done during the intervals of match play.</p> <p>NOTE: Failure to umpire shall incur a penalty – two match points and the team shall be fined \$300 for a replacement umpire. If an umpire is LATE (less than 5 minutes) and the game has started and a replacement umpire was used, then the team that the umpire is umpiring for will be charged \$75. This money will go directly to the replacement umpire. If an umpire arrives FIVE or more minutes after the commencement of the game, then she/he is deemed absent and the team that the umpire is umpiring for will be fined \$300 and deducted two match points.</p> <p>If a team requires HKNA to find an umpire to do their duty that was not previously organized, they must notify HKNA with at least 7 working days notice.</p>
<p>Desk Duty:</p> <p>Timing of Games</p>	<p>Timing of U12-U19 Games Duties</p> <ul style="list-style-type: none"> ● Each game is to begin promptly ● The bell should be used at the beginning and end of each half to inform umpires to begin/end the game ● Time is to be held centrally ● Halves are 12 minutes in length ● Half time is 2 minutes ● 30 seconds prior to the end of each rest interval call players onto court ● Time starts again as soon as the interval has elapsed ● Matches start and finish on the umpires whistle ● Timing does not stop for injury. For ALL stoppages called throughout the entire match will be of maximum of 30 seconds. The player concerned MUST LEAVE the court within those 30 seconds. However all these stoppages time will not be added to end of the quarter or match. <p>Timing of Nettas Games Duties</p> <ul style="list-style-type: none"> ● Each game is to begin promptly ● Time is to be held centrally ● Halves are 10 minutes in length ● Half time is 2 minutes ● Matches start and finish on the umpires whistle ● Timing does not stop for injury. For ALL stoppages called throughout the entire match will be of maximum of 30 seconds. The player concerned MUST LEAVE the court within those 30 seconds. However all these stoppages time will not be added to end of the quarter or match.

<p>Covid-19 Rules</p>	<ul style="list-style-type: none"> ● Do not attend if you feel unwell or answer yes to any of the questions regarding quarantine or being in contact with a positive case of Covid-19 as per the disclaimer form ● Temperatures must be checked on arrival at the venue ● Everyone must wear a mask while not playing, including subs, coaches and spectators ● Only 1 spectator per player allowed ● Attendees must follow government guidelines (e.g. maximum groups of 4 people with 1.5 metres between groups except while on court) ● No food allowed. Bring your own labelled water bottle, do not share ● No shaking of hands post match
<p>Misconduct</p>	<p>All persons entering the grounds are expected to follow the “Codes of Behavior”. A standard of behavior from PLAYERS, OFFICIALS and SPECTATORS is expected and if not adhered to, action will be taken by the JNL Coordinator. The Codes of Behavior are provided in this Handbook. HKNA encourages fair play and believe in providing a safe and fun environment for all the players & officials. Should a person behave in a manner which would hinder the safe and fun environment for all, he/she will be asked to behave in an appropriate manner or be asked to leave the ground.</p>

Match Rules

U19 / U16 / U14 / U12

All matches shall be played in accordance with the International Netball Federation Rules of the Game currently in force at the time of the relevant match, except where specifically stated in this handbook.

Nettas Rules

1.	Each Netta game will be 2 x 10 minutes halves with 2 minutes half time interval.
2.	UMPIRING: Each team is to provide ONE umpire for each game. The umpire may coach the players during the game as long as both teams agree to it. Please make sure the umpire knows the Nettas modified rules (see below).
3.	On the last day of each age group round robin competition, HKNA will provide the coach of EACH team TWO trophies they can present to their team: a) Most Valuable Player b) Sportsmanship Award
4.	<p>TIME TO PASS THE BALL: Up to 5 seconds</p> <p>STEPPING: Shuffling on the sport to regain balance allowed without moving down the court.</p> <p>GOAL POST: U10's 8 feet</p> <p>DEFENDING: Strict one-on-one defence. Players may defend a shot at goal.</p> <p>OBSTRUCTION: A player defending a player from opposing team in possession of the ball must defend from a distance of 1.2 metres (4 feet).</p> <p>CENTRE PASS: The initial Centre Pass will be taken by the team that won the toss and all other Centre Passes shall be taken by the team that did not score the last goal.</p> <p>SUBSTITUTIONS: The game time should be evenly distributed amongst all players. A team (up to 10 players is recommended) may make unlimited substitutions at intervals or at any time during play.</p> <p>The procedure for making a substitution during play is:</p> <ol style="list-style-type: none"> i) Before entering the Court, the substitute shall tag the player leaving the Court. ii) Both the substitute and the player leaving the Court shall not interfere with the play during the substitution process; iii) Both the substitute and the player leaving or entering the Court shall observe the Offside Rule when leaving or entering the Court. iv) Players should be substituted into either only attack positions or only defence positions for the duration of the game.

HKNA Code of Conduct

Code of Behaviour - **Players**

1. Play by the rules.
2. Never argue with an official. If you disagree, have your captain approach the official during a break or after the competition.
3. Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
4. Work equally hard for yourself and/or your team. Your team's performance will benefit, and so will you.
5. Be a good sport. Applaud all good plays whether they be by your team or the opposition.
6. Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
7. Co-operate with your coach, team-mates and opponents. Without them there would be no competition.
8. Play for the fun of it, and not just to please parents and coaches.

Code of Behaviour - Coaches

1. Know the rules and ensure your players play by the rules.
2. Never argue with an official. They are there to ensure that the game is conducted fairly and according to the rules. If you disagree, approach the officials after the game.
3. Control your temper and do not tolerate acts of aggression from your players. Verbal abuse of officials or opposition players, deliberately distracting or provoking them, is not acceptable or permitted in any sport.
4. Treat all players fairly. Do not interfere, bully or take unfair advantage of any player.
5. Provide feedback to players in a manner sensitive to their needs. Avoid overly negative feedback.
6. Involve players in decisions that affect them and encourage players to respect themselves and each other.
7. Cooperate with your players, opposition coach, opposition players and officials. Without them there would be no competition.
8. Ensure the tasks that are set for training are suitable for age, experience, ability and physical conditions of the players.
9. Be aware of the power you have as coach and do not abuse that power to further your own interests at the expense of your players.

Code of Behaviour - **Spectators**

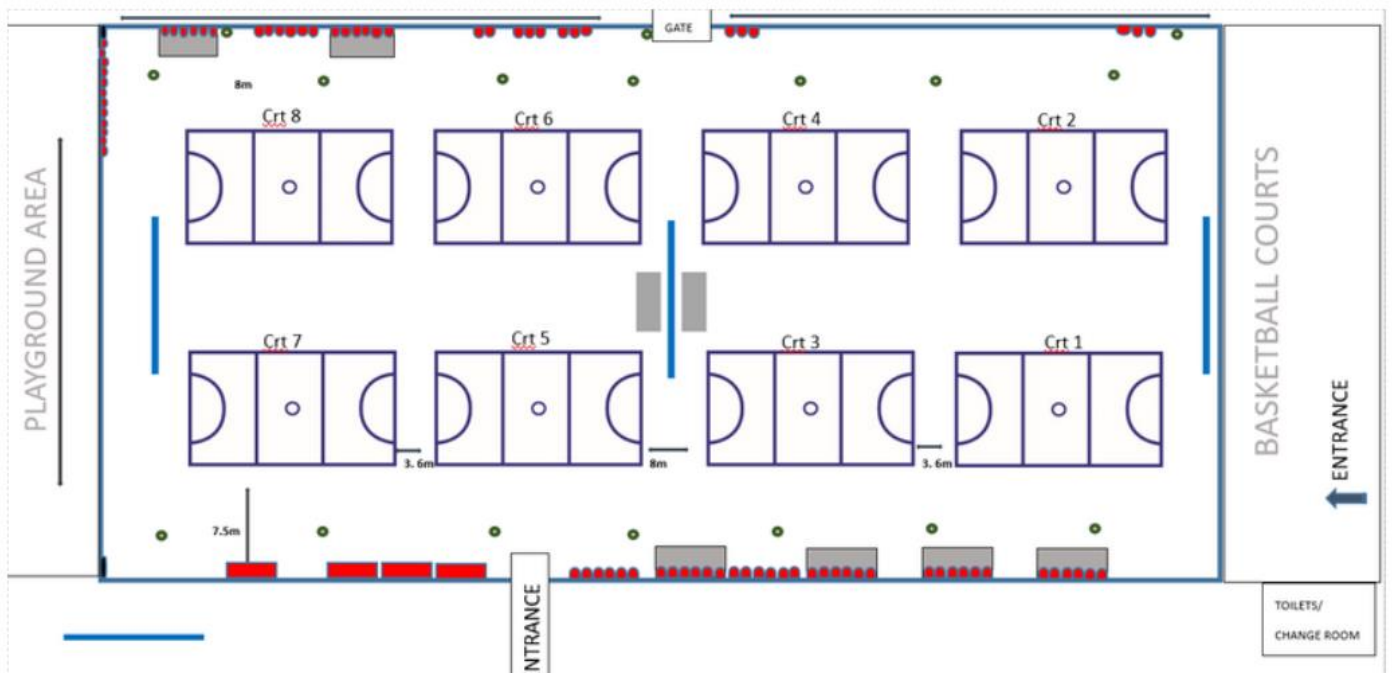
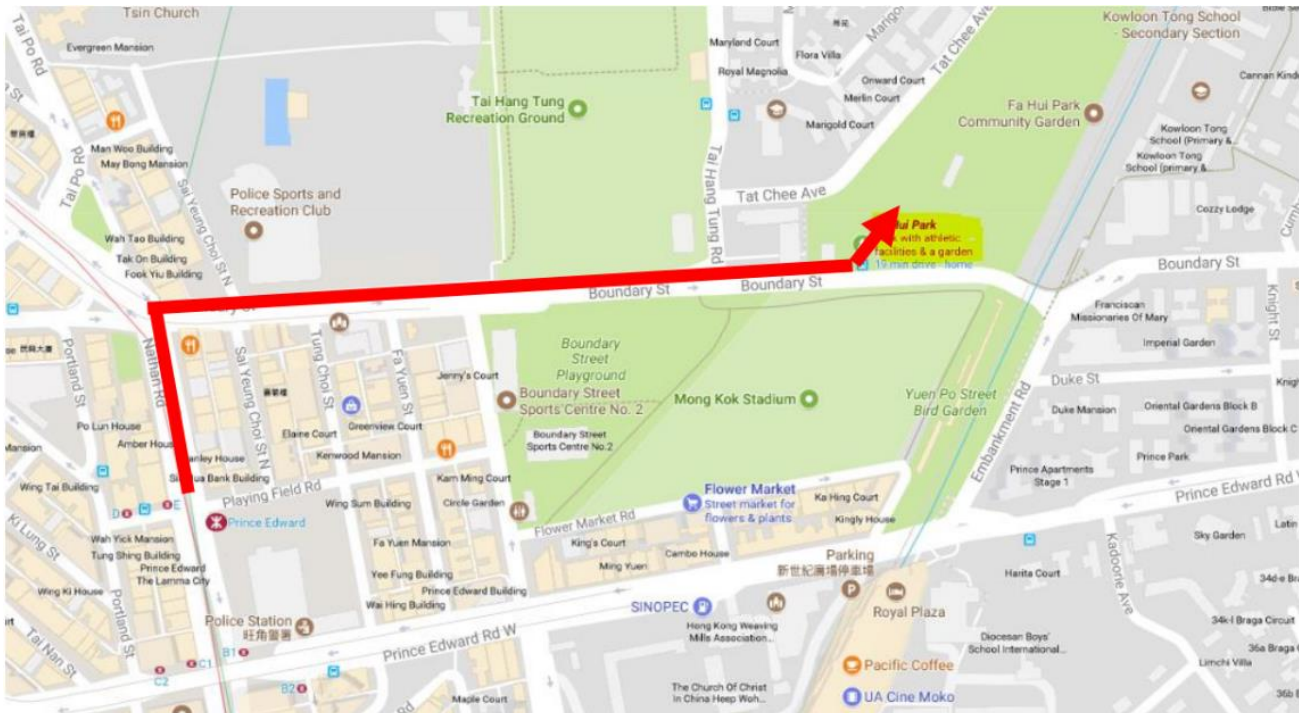
1. Remember that young people play sport for their enjoyment, not yours.
2. Applaud good performance and efforts from each team. Congratulate all participants upon their performance regardless of the game's outcome.
3. Respect officials' decisions and teach young people to do the same.
4. Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
5. Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
6. Show respect for your team's opponents. Without them there would be no game.
7. Encourage players to follow the rules and the officials' decisions.
8. Do not use foul language or harass players, coaches or officials.
9. Respect rights, dignity & worth of every young person regardless of gender, ability, cultural background or religion

Venues

Fa Hui Park

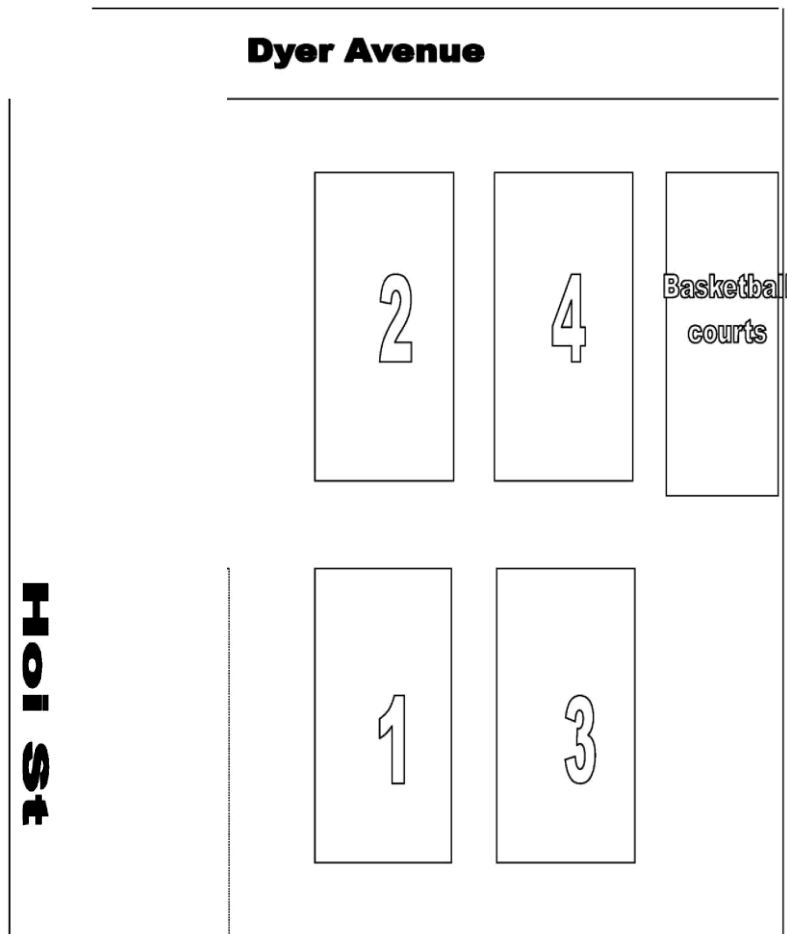
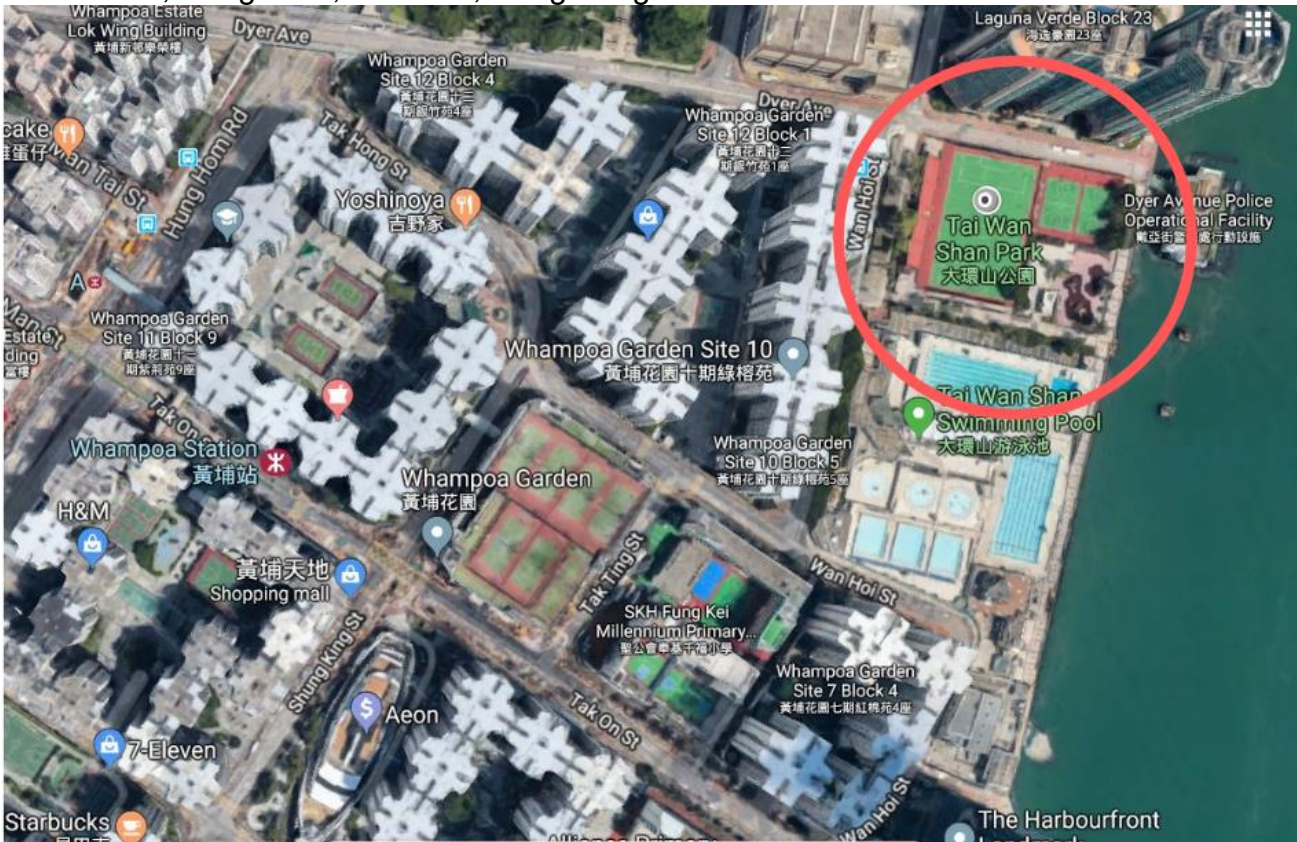
101 Boundary Street, Prince Edward, Kowloon, Hong Kong

Directions: Prince Edward MTR Exit A, walk along Playing Field Road, turn left to Sai Yee Street. Turn right to Boundary Street. At pedestrian crossing, cross Boundary street. Walk past Chan's Creative School and you will see a children's playing area which leads to the entrance to Fa Hui Park.



Tai Wan Shan Park

Wan Hoi St, Hung Hom, Kowloon, Hong Kong



Club Convenor Contacts - Autumn 2020

Club's Name	Contact Name
CIS Phoenix	Connie Wong
DB Pirates	Melanie Potgieter
HK Scottish	Emma Gregory
Hong Kong Cricket Club	Dawn Bishop, Amanda Grange, Cecilia Lau, Kate McNicholl
Hong Kong Football Club	Mary Vlogianitis, Rebecca Thompson
MLSA Galaxy	Gavin McDermott
Sai Kung Stingrays	Adrian Raper
SCAA Causeway Bay Netball	Anna Pinder
Sonics Unicorns	Danielle Taylor
Valley RFC	Chanelle Candy