



香港投球總會

Hong Kong Netball Association

LEAGUE HANDBOOK

2017/2018



Subvented by
Leisure and Cultural Services
Department

Hong Kong Netball Association
Season 2017 / 2018

First Half Season	Second Half Season
Div 1 (9 teams)	Prem (Top 6 of Div 1) 2 x round robin (6 teams)
Div 2 (9 teams)	Div 1 (Bottom 3 of Div 1 + Top 6 of Div 2) 1 x round robin (9 teams)
Div 3 (10 teams)	Div 2 (Bottom 3 of Div 2 + Top 7 of Div 3) 1 x round robin (10 teams)
Div 4 (10 teams)	Div 3 (Bottom 3 of Div 3 + Top 7 of Div 4) 1 x round robin (10 teams)
Div 5 (9 teams)	Div 4 (Bottom 3 of Div 4 + Top 7 of Div 5) 1 x round robin (10 teams)
Div 6 (9 teams)	Div 5 (Bottom 2 of Div 5 + Top 8 Div 6) 1 x round robin (10 teams)
Div 7 (9 teams)	Div 6 (Bottom 1 of Div 6 + All of Div 7) 1 x round robin (10 teams)

Ladies League Dates 17/18 –

- September 25th (some divisions)
- October 9th, 16th, 23rd, 30th
- November 6th, 13th, 20th, 27th
- December 4th, 11th
- January 8th, 15th, 22nd, 29th
- February 5th, 12th, 26th
- March 5th, 12th, 19th (Semi-Finals)
- FINALS -
 - March 24th & March 26th (venues still TBC)

HK Holidays 17/18

- National Day – October 2nd
- Winter Holidays – December 18th – January 5th
- Chinese New Year – February 16th – 19th
- Easter Holidays – March 30th – April 2nd
- Ching Ming Festival – April 5th

League Handbook

Welcome to the Hong Kong Netball Association (HKNA) League Season 2017/2018. The Executive Council wishes all players, umpires, coaches and supporters an enjoyable and rewarding season.

This year we will be using four venues: Hong Kong Football Club, Sun Yat Sen Memorial Park, Wong Chuk Hang Sports Centre and the Aberdeen Outdoor Courts (Wong Chuk Hang Road Recreation Ground). The HKNA Executive Council wishes again to thank the Hong Kong Football Club for generously providing us with an indoor venue.

This Handbook contains:

- contact information for teams, convenors and the HKNA Executive Council;
- information about umpiring requirements, captain's responsibilities and desk duty;
- directions for the venues.

The By-Laws can be found at: <http://www.netball.org.hk/2ByLawsLink.htm>

Please familiarise yourself with the information in this Handbook and the By Laws.

If you have any questions or concerns, please do not hesitate to contact League Convenors - Jennifer Dax and Emma Gregory, with a copy to HKNA. On a League night, you can also contact any HKNA Representative at your venue.

Happy netballing!

HKNA Executive Council

Hong Kong Netball Association

HKNA Executive Council Members

Name	Position	Club	Mobile	Email
Executive Council				
Sherryn Hancock	President	DB	9863 2114	sherryn.hancock@gmail.com
Danielle Taylor	Vice President 1 (National Teams)	Sonics	9747 2450	daniellecraig@me.com
Emma Gregory	Vice President 2 (Umpiring and League)	HKCC	9325 4015	ema_ha22@hotmail.com
Christine Yue	Treasurer (Grassroots Programme)	HKCC	9284 8899	christinayue007@gmail.com
Cheng Lai Fun	Secretary	Hantang	9758 8368	flyingfunfun@hotmail.com
Other Council Members				
Carol Chan	Umpiring Development Convener	Hantang	6028 7389	carol_1112netball@outlook.com
Jenny Dax	League Convener	AAHK	9422 2361	jendax70@yahoo.co.uk
Emma Sharrock	Tournament Convener	KRFC	9317 0634	emmasharrock31@gmail.com
Lorraine Pak	Operations & Events Convener	Hantang	9312 4202	skypak3@yahoo.com.hk
Shannon Lee		HKFC	6336 5529	leesuenyan@gmail.com
Gloria Jung		HKU	6473 1979	glorj280798@gmail.com
Chanelle Candy		Valley	6688 6197	netball@valleyrfc.com
Katharine Wood		HK Scottish	6273 1766	katharineewood@gmail.com
Paid Employees				
Lorraine Pak	Office Manager		9312 4202	lorraine.pak@netball.org.hk
Connie Wong	Head of Netball Development		6696 7151	conniewongnetball@hotmail.com
Angela Chan	Development Officer		6084 7026	netballangela@gmail.com
Haley Ho	Administrative Assistant		6190 9490	hkna@hkolympic.org

HKNA Office: Room 1016, Olympic House
 1 Stadium Path, So Kon Po
 Causeway Bay, Hong Kong
 Tel: 2504 8208 2504 8207
 Fax: 2577 5694
 Email: hkna@hkolympic.org

CLUB CONVENORS 2017-18

Club	Convenor	Phone	Email
Australia Association	Jennifer Dax	9422 2361	netballconvenor@ozhongkong.com
Discovery Bay	Hannah Homa	5507 2144	hrroberts@live.co.uk
DOGA	Mandy Hon Nicky Wong	9804 8298 9773 7773	mandy.hym@gmail.com nic.chiu.ky@gmail.com
Dragonflies	Alison Olsson	9284 7726	alisonolsson@gmail.com
Forever 21	Chan King Ling	6743 1119	s1047032@s.eduhk.hk
Giants	Kwok Pui Yan Rowena	9663 6027	rowenakwokpy@gmail.com
Hantang	Lorraine Pak	9312 4202	skypak3@yahoo.com.hk
HKCC	Olivia Meo-Groser	69200204	netballconvenor@hkcc.org oliviameogroser@gmail.com
HKFC	Olivia Burgess	9357 4898	info@hkfcnetball.com admin@hkfcnetball.com
HKU	Crystal Yeung	9219 6025	yhoilam@ymail.com
Hong Kong Scottish	Katharine Wood	6273 1766	hongkongscottishnetball@gmail.com
Kowloon RFC	Emma Sharrock	9317 0634	emmasharrock31@gmail.com
Maccabi	Kelly Naphtali	9046 3032	knaph173@gmail.com
Mighty Eagles	Zoe Belhomme	5446 8140	zoebelhomme@gmail.com
OTS10	Zacky Ng	9614 7911	zackyziz@gmail.com
Popcorn	Gigi Hui	9756 4666	writetopc@gmail.com
Sai Kung Stingrays	Siabhan Duguid	9503 6773	netball@saikungstingrays.com
Shimmer	Hui Fong Wing	6439 1317	fwhui8@gmail.com
Sparta	Lee Ka Hei	6174 2554	evitakahei@gmail.com
Sonics	Jessica McCauley	9126 7686	jessica.p.mccauley@gmail.com
The Prime	Rachel Lui	9457 5221	lului1943@gmail.com
Valley	Chanelle Candy	6688 6197	netball@valleyrfc.com

It is the responsibility of each club to ensure that HKNA is informed of any changes made to this and the following list.

HKNA League Teams & Captains 2017 - 2018

Division 1			
Team	Captain	Phone	Email
Hantang Chilin	Wong Wui Yee Cheng Lai Fun	5349 2315 9758 8386	red_shadow_123@hotmail.com flyingfunfun@hotmail.com
Hantang Phoenix	Angela Chan	6084 7026	netballangela@gmail.com
HKCC Demons	Julia Broughton	5338 6228	juliambroughton@gmail.com
HKFC Club	Kate Jolly	56497758	kate-jolly@hotmail.com
HKFC Typhoons	Amelia Weber- Handford	64164005	amelia.handford@hotmail.com
KRFC Sapphires	Shirley Yuen	9125 6418	syuen810@gmail.com
Sonics	Danielle Taylor Lisa Martin	9831 0676 90415815	daniellecraig@me.com lisa.martin@davispolk.com
Valley Panthers	Rachel Bryant	6737 9179	rachbryant@hotmail.com
Valley Tigers	Nayaab Murshed	9812 7462	nayaab.murshed@hk.knightfrank.com

Division 2			
Team	Captain	Phone	Email
DB Black Pearls	Melanie Potgieter	6078 4846	melaniepotgieter@hotmail.com
Giants	Tai Hang Yi Ginny	6686 9080	g_i_n_89@hotmail.com
HKCC Devils	Donna Baxter	9490 9692	dbaxter73@yahoo.com
HKCC Dragons	Jenny England- Brammer	9255 5258	jenny.english- brammer@hotmail.co.uk
HKFC Monsoons	Elise Daly	6622 0607	elisebdaly@gmail.com
HKFC Whirlwinds	Leanne Barbaro	97911500	leannebarbaro@hotmail.com
HKS Pipers	Anna Foley	6432 6054	annafoley17@gmail.com
KRFC Opals	Jenny Day	6532 3562	jennyday02@hotmail.com
Valley Pumas	Jamie Mok	6401 7818	jamiemok15@gmail.com

Division 3			
Team	Captain	Phone	Email
DB Buccaneers	Barbara Murray	9733 1194	bjmurray65@gmail.com
Hantang Paitse	Annie Lee	9511 7745	annie719@hotmail.com
Giants	Tai Hang Yi Ginny	6686 9080	g_i_n_89@hotmail.com
HKFC Hurricanes	Alexia Rutkowski	9362 1001	alexia.r.rutkowski@gmail.com
HKFC Tornadoes	Olivia Burgess	9357 4898	oliviahurstburgess@gmail.com
HKS Thistles	Cecilia Ruru	5508 6626	cecilia_ruru@yahoo.com.au
HKU Duchess	Sophie Li	9220 1397	sophiezoeli@gmail.com
HKU Knights	Crystal Yeung	9219 6025	yhoilam@ymail.com
Sai Kung Stingrays	Belinda Hau	9731 6609	belhau@gmail.com
Valley Cougars	Ailsa White	9242 3761	missmaywhite@hotmail.com
Valley Leopards	Olivia Watson	6117 7587	1oliviawatson2@gmail.com

Division 4			
Team	Captain	Phone	Email
DOGA	Mandy Hon Nicky Wong	9804 8298 9773 7773	mandy.hym@gmail.com nic.chiu.ky@gmail.com
Forever 21	Chan King Ling	6743 1119	s1047032@s.eduhk.hk
HKCC Optimists	Heidi Welsh	9107 4904	hlwelsh@gmail.com
HKS Bravehearts	Amelia Black	9527 6256	ameliajvblack@gmail.com
KRFC Crystals	Sophie Jackson	5442 4300	sophie_jackson11@hotmail.co.uk
KRFC Diamonds	Eliza Hunting	5485 9251	elizahunting89@gmail.com
Mighty Eagles	Amirah Riley	5944 3462	amirah_riley@hotmail.com
Shimmer	Tang Koala Hei Tung	6153 7713	koalabear911@hotmail.com
Valley Jaguars	Laura Fairbairn	6421 7355	lhfairbairn@gmail.com
Valley Wildcats	Megan Prideux	5615 6407	meganprideaux2004@hotmail.com

Division 5			
Team	Captain	Phone	Email
DB Swashbucklers	Sharon Hubber	6464 0015	sharonjessett@me.com
Hantang Pixiu	Esther Ma Blue Li	9105 8829 9588 8258	estherdicdic@hotmail.com ylliad@connect.ust.hk
HKCC Crickets	Robin Manihera (Temporary)	65362065	robinmanihera@hkcc.org
HKFC Cyclones	Cheryl White	9765 6452	cwbmum@hotmail.com
KRFC Pearls	Merie Brown	6296 9903	merietb@yahoo.com
Popcorn	Patricia Wong	9812 3806	patricia.wong@morganstanley.com
The Prime	Casey Kwong	9418 4047	caseyk826@gmail.com
Valley Cheetahs	Chaanah Crichton	5407 1511	chaanah.crichton@gmail.com
Valley Lions	Fiona Lyall	6871 0602	filyall@gmail.com

Division 6			
Team	Captain	Phone	Email
DB Scallywags	Amy Dunning	5238 1956	amy_dunning@hotmail.co.uk
Dragonflies	Alison Olsson	9284 7726	alisonolsson@gmail.com
HKS Nessies	Katie Leader	5597 9967	aliciakateleader@gmail.com
HKS Whiskies	Katharine Wood	6273 1766	katharineewood@gmail.com
HKU Bishops	Gloria Jung	6473 1979	glorj280798@gmail.com
KRFC Amethysts	Laura Denholm	5298 2789	laura.denholm8@gmail.com
KRFC Rubies	Sarah Farnham	9578 0835	sarahfarnham@hotmail.com
OTS10	Zacky Ng	9614 7911	zackyziz@gmail.com
Sparta	Lee Yuet Shan	6334 2701	yuetshanlee@gmail.com

Division 7			
Team	Captain	Phone	Email
Aussie Cockatoos	Maryanne McPhee	6170 5924	mez90@hotmail.com
Aussie Geckos	Amy Ho Christal	9474 4634	amy@amy-ho.com
DB Jolly Rogers	Justine Barlow	9669 9059	justinebarlow@hotmail.co.uk
HKS Highlanders	Cal Jones	5977 7474	carolynannjones@yahoo.com
HKS Lochies	Angela Chan	6707 4299	chan.waiyee.a@gmail.com
HKS Unicorns	Ceri Hill	9043 3391	cerihill_1@hotmail.com
KRFC Emeralds	Monique Hansen	9701 1916	miss.moniquehansen@gmail.com
Maccabi	Kelly Naphtali	9046 3032	knaph173@gmail.com
Valley Lynx	Kate Chadwick	9021 1596	kate.chadwick@icap.com.hk

CAPTAIN'S DUTIES

The captain should amongst other things:

- Read HKNA Handbook and By-Laws and be familiar with the rules of INF (International Netball Federation).
- Ensure the team is ready to play before commencement of games.
- Ensure players do not go on court wearing jewellery.
- Ensure all fingernails are cut short and smooth and NOT TAPED.
- Ensure the score sheet is completed in accordance with the Handbook and By-Laws.
- Ensure the team has provided a scorer and umpire for the appropriate game and that they know how to record the score and centre passes.
- Ensure all team players are wearing the correct uniform. (No tracksuits or bike pants, unless in cold conditions – Umpires may ask players to remove bike pants or leave the court.)
- Encourage the team to warm up before a game to avoid injury.
- Ensure that all players and supporters respect both umpires and opponents.
- Sign the score sheet and return to Desk Duty Supervisor if you are the winning team.
- Check dates and times of all fixtures and inform all team members.
- Report any mistakes or issues with the fixture to HKNA.
- If forfeiting a game, ensure that it is done in accordance with the By-Laws.
- Comply with the By-Laws in relation to new players and guest players.
- Ensure that the Handbook is passed on to the next captain if you cease in this role during the season.

The Score Sheet: please note

- Names should be printed legibly on the score sheet. Please sign alongside your name.
- Indicate guest players with their team & division they are guesting from.
- Captains must sign the score sheet at the end of the game

LEAGUE NIGHT DUTIES AND RULES

DESK DUTY – HONG KONG FOOTBALL CLUB, SUN YAT SEN MEMORIAL PARK and WONG CHUK HANG

It is expected that desk duty supervisors will read through the desk duty folder prior to the commencement of any games. HKFC personnel will have the HKNA Kit Bag in hall. At Sun Yat Sen Memorial Park (SYSMPk) and Wong Chuk Hang (WCH) please retrieve HKNA Kit Bag from the Venue Management.

The desk duty supervisor must:

- **Check the venue for safety prior to the games commencing.**
- Arrive at the venue in sufficient time to set up for the games (at least 10 minutes before the start of the first game).
- Keep central time for all matches and sound the bell (see later in this handbook for timing of games).
- Make the HKNA First Aid Kit available to players. **If the First Aid Kit is lacking in anything, please inform HKNA Office (email: hkna@hkolympic.org).**
- Have a score sheet with clipboard and pen available before each game and check they are returned at the end of each game and are correctly completed.
- Ensure umpires clearly print their name and sign the umpiring record sheet before the relevant game is commenced. This sheet will be used by HKNA for any points/fine deduction. **If they do NOT sign the official sheet there will be NO payment.** Hand game ball to umpire and ensure it is returned at the end of each game.
- **Take photo/scan image of results form and email to hkna@hkolympic.org**
- **Pass onto HKNA Exec Rep or place the score sheets and umpire sign in sheets into the self addressed stamped envelope and post the next day.**
- Log any issues arising with HKNA no later than 24 hours after the games.

DESK DUTY – ABERDEEN

- Retrieve the HKNA Kit Bag, 1 folding table and 2 folding chairs from the store room located behind the toilets (near the Esso Gas station).
- Access to the store room can be made by contacting the staff on duty (in blue shirt).
- Ask the staff to unlock the Posts Storage which is situated beside the ladies' toilet. (Playing teams are responsible for taking posts in and out of Posts Storage.)
- After checking the contents in the HKNA Kit bag, the Kit bag, table and chairs should be returned to the store and locked properly by the staff on duty.

The desk duty supervisor must:

- Arrive at the venue in sufficient time to set up for the games (at least 15 minutes before the start of the first game).
- Keep central time for all matches and sound the bell (see later in this handbook for timing of games).
- Make the HKNA First Aid Kit available to players. **If the First Aid Kit is lacking in anything, please inform HKNA Office (email: hkna@hkolympic.org).**
- Have a score sheet with clipboard and pen available before each game and check they are returned at the end of each game and are correctly completed.
- Ensure umpires clearly print their name and sign the umpiring record sheet before the relevant game is commenced. This sheet will be used by HKNA for any points/fine deduction.
- Hand game ball to umpire and ensure it is returned at the end of each game.
- **Take photo/scan image of results form and email to hkna@hkolympic.org**

- Pass onto HKNA Exec Rep or place the score sheets and umpire sign in sheets into the self addressed stamped envelope and **post the next day**.
- Log any issues arising with HKNA no later than 24 hours after the games.

LEAGUE NIGHTS TEAMS' & SUPPORTERS' RESPONSIBILITIES

ALL VENUES

Teams are responsible for ensuring that all courts and surrounds are left clean and tidy. Please take all rubbish and put in the bins provided at the venue.

ABERDEEN OUTDOORS

The first two teams playing on each court are responsible for moving one post each to the court. Teams playing the last game on each court must return one post each back to the Posts Storage. Posts need to be lowered to the appropriate height before returning them.

HONG KONG FOOTBALL CLUB

HKNA is most grateful to the Hong Kong Football Club for making their facilities available for the HKNA Netball League. It is important that we all STRICTLY adhere to the following:

- Turn off mobile phones and pagers whilst on HKFC premises. A fine of \$200 may be imposed for a phone ringing and an additional \$200 fine may be imposed for talking on the phone.
- Do not leave litter/empty water bottles inside the Sports Hall.
- No smoking.
- No glass bottles inside the Sports Hall.
- Only use the changing rooms located on the 1st floor behind the bowling green.
- Wear non-marking shoes.
- Enter the Sports Hall by the door opposite the gym entrance.
- Leave all kit bags in cubby holes outside the entrance to the Sports Hall (valuables may be brought inside but should not be left near the area of play).
- No parking unless you are a member of HKFC.

CODE OF CONDUCT

Coaches, players and supporters are reminded that they should conduct themselves consistently with the spirit of the game, whether they are playing, form part of the team bench or spectating. Any action displayed, which is contrary to the spirit of the game is not permitted, and is sanctioned by HKNA and INF rules and penalties.

Inappropriate behaviour and comments may result in a warning, penalty, suspension or ordering off by an umpire. Such behaviour includes but is not limited to, calling to an umpire, disputing decisions, commenting on team or individual actions. The official INF rules 19 and 20 provide further information on disciplinary action for unsporting behaviour.

HKNA members should comply with the INF Anti Doping Rules in accordance with the World Anti Doping Code and international standards (a copy can be provided to all clubs upon request).

UNIFORM

All players in a team must be in uniform - no tracksuits, bike pants or gloves may be worn. Umpires will ask players to remove tracksuits, bike pants or gloves. Teams playing outdoors may wear black athletic garments under their uniform in cold conditions only. Subject to the By-Laws, players not in team uniform will not be able to take the court

JEWELLERY AND FINGERNAILS

- Games will not be delayed for the cutting of nails or removal of jewellery.
- No items of jewellery, except a wedding band or medical alert bracelet shall be worn. If these are worn then they must be taped.
- Fingernails shall be short and smooth. Gloves may not be worn and the taping of nails is not permitted. An offending player will not take up a position on court until an umpire has checked the fingernails again and permitted the player to go on court. If the game has already started the player must wait until an interval.
- Players not abiding by these rules will not be allowed to play.

TIMING OF GAMES

All games will be timed by a central clock and will start strictly on the hour at 7pm, 8pm and 9pm. Games will start and finish on the umpires' whistles and consist of:

- 4 x 12 minute quarters
- 2 minute quarter and three-quarter time breaks
- 4 minute half-time break
- 4 minutes between the start of games

Umpires may stop the game for injury time in accordance with the Rule Book. Injury time will not be added to the game.

SCORERS AND SCORE SHEET

All games must be scored in accordance with the By-Laws. (see By- Law 12)

LEAGUE UMPIRING REQUIREMENTS

Where possible, umpiring duties have been made reciprocal within divisions, however there are some draw constraints and on occasion lower divisions are required to umpire higher divisions – umpiring requirements still need to be adhered to. Any problems please contact the Umpire's Convenor at least 2 weeks in advance of the set game.

No person under the age of 14 years may umpire. All umpires under 18 years must be supervised by a responsible adult from their playing team/ club. HKNA accepts no responsibility for these players.

UMPIRE PAYMENT GUIDELINES

If a team wishes to pay an umpire to umpire on their behalf, the HKNA recommends \$300 per game.

ISSUES/ PROBLEMS ON LEAGUE NIGHTS

Issues should be raised immediately with the HKNA representative at the venue. If there is no HKNA representative available on site, the League Convenors - Jennifer Dax (9422 2361) and Emma Gregory (9325 4015) can be contacted throughout the evening.

Venue Addresses

中山紀念公園體育館
(前稱西區公園)

西營盤東邊街北 18 號

Sun Yat Sen Memorial Park Sports Centre

(Previously Known as Western Park)

18 Eastern Street North, Sai Ying Pun

黃竹坑體育館

香港仔黃竹坑道 168 號

Wong Chuk Hang Sports Centre

168 Wong Chuk Hang Road, Aberdeen

黃竹坑道硬地足球場

(近黃竹坑道埃索油站)

Aberdeen Outdoors –

Wong Chuk Hang Recreation Ground

(Wong Chuk Hang Road, Near Esso Gas Station)

香港足球會

跑馬地體育路 3 號

Hong Kong Football Club

3 Sports Road, Happy Valley